



## Your invitation to complete the Underlying Beliefs Questionnaire

Please click on the link. Once online, please input the reference and check SELF where indicated:

**Link:** UNDERLYING BELIEFS

**Reference:** AS/TheSource22/JF

**Respondent type:** SELF

### Instructions for completion:

Allow 20-30 mins to complete

**Only allocate 5 points per question** – either by putting 5 against one statement or sharing out the 5 points between any of the 5 possible options. This means the total for every question is just 5 points.

At the end of the questionnaire there are three boxes for you to complete with your free-flowing comments – which are your **Stop, Start, Continue actions** as a leader.

When you reach the end, press Submit data button – and you should be taken to an Ali Stewart & Co web page confirming that you have successfully sent your completed questionnaire.

Thank you, enjoy the experience – and please contact us if you have any queries:  
[info@alistewartandco.com](mailto:info@alistewartandco.com)

*Ali*